



Magazine of the 94th Airlift Wing Vol. 4, No. 7 September 2013

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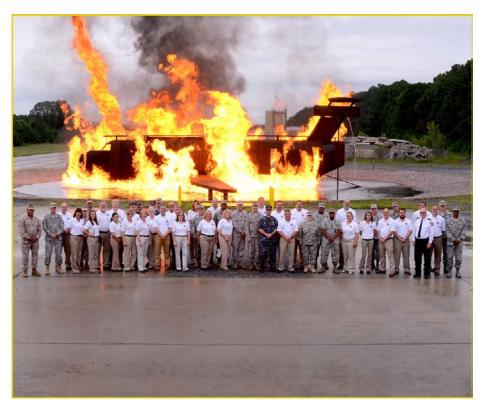
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Submission deadline for the October 2013 issue is September 15. Articles must be submitted electronically to 94AW.PA@us.af.mil. For more information, contact Public Affairs at (678) 655-5055.



Fired up!

Members of the Honorary Commanders Association visit the Base Fire Department Training Site during their annual Dobbins Day, Aug. 21. "This was such a great opportunity to see what goes on inside the gates, and how our military operates on a day-to-day basis," said Susan Upchurch of Civil Engineering Consultants, Inc. "I never pass up an opportunity to thank them for their service to our nation." The HCA is a Cobb County Chamber of Commerce entity, whose main purpose is to take local civic leaders and introduce them to the military. (U.S. Air Force photo/Don Peek)



Members of the 94th Airlift Wing gathered Aug. 4 at the base lakeside facility to celebrate the truly important members of the 94th AW community, their families. An annual tradition, Family Day is a popular event serving to keep our families at home connected with our families at Dobbins. See page 6. (U.S. Air Force photos/Don Peek) (Cover illustration/James Branch)

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Wing Commander's Hotline

Provides wing members with a direct link to the wing commander to relay kudos, concerns or suggestions on wing matters. (678) 655-9422

> Weather Emergency Hotline (678) 655-2333

FROM THE TOP

Humbled and focused

By Lt Col James R. DeVere

94th Operations Group commander

As many of you know, I am the new guy on the block and I want to take the time to introduce myself and discuss a few ideas on how improved communication leads to mission success.

First, thank you for the warm welcome everyone has given my family and me during the August Unit Training Assembly. We received a first class helping of southern hospitality.

I transferred from Peterson Air Force Base, Co., where I served as the 302nd Operations Group deputy commander. Needless to say, Georgia is a large change in environment. My body is slowly adjusting back to the humidity I experienced when growing up in Pennsylvania. My wife Jane and daughter Emily have moved to Georgia, while my older daughter Jesica still resides in Pennsylvania.

We can learn more about each other by working and communicating together while accomplishing the wing mission. My pledge is to communicate and build strong working relationships with each and every one of you, while working towards our shared mission goals.

We often take effective communication for granted in the work environment. How many times has a problem occurred only later to find out someone did not understand the task or the sender failed to follow up to ensure they delivered the correct message? The problem would have been avoided if the messenger provided clearer intent and ensured the receiver understood the intent. A few simple rules to help ensure effective communication:

- * Ensure people understand what you really want, and they have been provided the tools to achieve it. Don't try to be a mind reader and assume (we know what happens when we assume). Also, summarize what you said.
- * Concentrate on the message, not the messenger. Many times our perception of the messenger or the result we desire to hear affects our listening skills and we disregard the true meaning of the message.
- * Improve your listening skills. Many people want their view point to be heard and fail to listen and understand the other person. Steven Covey, author of "Seven Habits of Highly Effective People" says, "Seek first to understand, then to be understood." Therefore, in your communication, make sure to understand others before you start trying to be understood.

Although email is now the primary channel to communicate, I would still encourage you to apply these rules. One extra commu-



Lt. Col. James R. DeVere

nication rule with email, do not forget to hit "reply to all", when appropriate, to keep everyone in the loop.

However, I still enjoy speaking directly with people and not just to say, "Did you get my email?" Pick up the phone, or better yet, get up and walk down the hall to talk to a person. This old fashioned technique will help increase communication while building stronger relationships that are vital to mission success.

Supporting our own

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs



(U.S. Air Force photo/Senior Airman Elizabeth Van Patten)

Col. Tim Tarchick, 94th Airlift Wing commander, and Staff Sgt. Jasmine Turk of the Airman and Family Readiness office accepted over \$1,900 on Aug. 8 of

funds raised during the Ninth Annual Corn & Sausage Roast, held last month, and the Dobbins Thrift Store.

The Annual Corn & Sausage Roast raised \$969, exceeding last year's total. This was added to a \$1000 contribution from the Dobbins Thrift Store. The thrift store operates on donations, but will also take goods on consignment. The store's contribution goes straight into the Dobbins Emergency Assistance Fund and comes directly from goods sold in the shop.

"This fund operates under the same set of guidelines that the Air Force Aid Society works through, except we help only Reservists," said Turk. "This money is only for the Airmen who have an emergency situation and, through no fault of their own, end up in a financial crisis. A good chunk of our fund comes from this event, so we are very grateful of the coordinators and those who participated."

The primary coordinators for this year's event were Ron Durant, formerly of the 94th Airlift Wing Safety Office, and Dallas E. Godfrey Jr., 94th Logistics Readiness Squadron.

The coordinators plan to continue hosting the annual roast, on the third Wednesday of July each year.

For more information about the Dobbins Emergency Assistance Fund please contact the Airmen and Family Readiness Office by phone at 678-655-5004 or by email at angela. pedersen@us.af.mil.



(Left to right) Senior Master Sgt. Matthew R. Hill and Master Sgt. Jason A. Mellor of the 94th Explosive Ordnance Disposal Flight examine fragments of a civil war era cannon ball at the base Aug. 2. The cannon ball was detonated and disposed of by the Dobbins EOD team after being discovered near Centennial Park, downtown Atlanta July 18. (U.S. Air Force photo/Don Peek)



Members of the 94th Airlift Wing attend a mandatory commander's call on Aug. 4 at the Fuel Maintenance Dock to conduct annual Sexual Assault Awareness training. "This is about creating a climate of respect and zero tolerance for those who don't follow the rules," said Col. Tim Tarchick, wing commander. (U.S. Air Force photo/Don Peek)



Gen. Paul Selva, Air Mobility Command commander, arrives at Dobbins ARB July 24, to pick up a C130J aircraft from Lockheed-Martin Marietta. The General is greeted by Maj. Gen. Thomas R. Moore, Georgia Air National Guard commander, Brig. Gen. Curtis Williams, 22nd Air Force vice commander and Col. Tim Tarchick, 94th Airlift Wing commander. (U.S. Air Force photo/Brad Fallin)



(Left to right) Col. Tim Tarchick, 94th Airlift Wing commander, Maj. Kelly Bronson, 80th Aerial Port commander and Senior Master Sgt. David Strickland, 80th APS first sergeant greet 80th APS members returning from a six month deployment to the Middle East Aug. 27. (U.S. Air Force photo/James Branch)



Brande Newsome, 94th AW sexual assault response coordinator, conducts a required Sexual Assault Prevention and Response standdown for Dobbins civilian employees in the Lockheed-Martin auditorium Aug. 14. (U.S. Air Force photo/Brad Fallin)



Lt. Col. George Pelech, 94th Airlift Wing chief of safety, conducts Wingman Day 2013 at the Finch Building, Dobbins Air Reserve Base, Ga. Aug. 4. Airmen and members of the Development and Training Flight took a pause from day-to-day mission duties and focused on unit wellness and getting to know each other a little better. (U.S. Air Force photo/Don Peek)



A C-130H aircraft carrying members of the 94th Airlift Wing takes off en-route to the Middle East in support of Operation Enduring Freedom May 7, 2012. During their four month deployment, the crew flew missions into Egypt, Turkey, Lebanon, Djibouti, Oman, Bahrain, United Arab Emirates, Afghanistan, Yemen, Pakistan and Jordan. (U.S. Air Force photo/Brad Fallin)

Outstanding!

By Lt. Col. Chad Gibson 94th Airlift Wing Public Affairs

The 94th Airlift Wing was recognized for meritorious service and awarded the 2012 Air Force Outstanding Unit award.

The 94th AW was one of 14 Air Force Reserve wings given the award. The recognition is given by the Secretary of the Air Force to numbered units that have distinguished themselves by exceptionally meritorious service or outstanding achievement that clearly sets the unit above and apart from similar units.

"This award is a testament not only to the consistent hard work and dedication of the men and women of the wing, but also of the support of our communities and families," said Col. Tim Tarchick, 94th AW commander. "I am very proud of our Airmen - whenever our nation calls, they are always there to answer."

During the award period, the 94th AW deployed more than 350 personnel and was the lead wing for a deployment to Southwest Asia resulting in more than 700 flight hours and 830 combat or combat support sorties

Prior to the deployment, the wing culminated 10 years of support to the formal training unit mission, as Air Force Reserve Command's only C-130 Field Training Unit. During those years, the unit trained more than 1,200 qualified, combat ready, tactical airlift crew members for proficiency in formation airland, airdrop and covert night tactical formation operations.

"It is simply amazing to see the work of this wing." said Chief Master Sgt. Wendell Peacock, 94th AW command chief. "Transitioning from a training wing to a unit with a wartime mission is a major shift that does not happen overnight. The fact that we were able to do that as smoothly as we did is a direct reflection on our Airmen. Their tenacity is second-to-none."

Reservists assigned to the 94th AW in 2012 may wear the appropriate ribbon or device immediately and will see their personnel file updated accordingly. Any former members will need to contact their servicing Military Personnel Section to get the ribbon updated in their record.

The AFOU award, created in 1954, was the first independent Air Force award. Airmen were previously awarded Army medals.

The 94th AW provides the Department of Defense exceptional C-130 Hercules mobilization, with combat-ready units ready to deploy on short notice and support for more than 10,000 guardsmen, reservists and civilians at the world's largest joint air reserve base.



Chief Master Sgt. Wendell Peacock, 94th Airlift Wing command chief plunges into the dunking booth during the Annual Wing Family Day Aug. 4. Members where also given an opportunity to dunk wing and unit commanders. (U.S. Air Force photo/Don Peek)

Celebrating family

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

Members of the 94th Airlift Wing gathered Aug. 4 at the base lakeside facility to celebrate the truly important members of the 94th AW community - their families.

Col. Tim Tarchick, 94th AW commander, welcomed all the families and recognized the 2013 Spouse of the Year, Lauren Oswald, 94th information security specialist and wife of Staff Sgt. Charles Oswald, 94th security forces specialist.

"I'm so proud of her," said Charles Oswald. "She earned it. She embodies the core value of Service Before Self. She's a key spouse, so to her, Airmen and their families come first. She keeps in regular contact with the families of our deployers."

Family-oriented festivities also included the Dobbins Fire Department's live mock office burn, fire muster competition, frisbee toss competition, face painting, a college and military benefits fair, and offers from various local businesses.

Attendees could also get in on the action as they cheered on their favorite medieval knight from local entertainment venue, Medieval Times.

An annual tradition, Family Day is a popular event serving to keep our families at home connected with our families at Dobbins. Hailed as being the ones that make the biggest sacrifice, the spouses often hold high rank within the household.

Chief Master Sgt. Wendell Peacock, 94th AW command chief, whose wife was in attendance, is no exception, as Family Day attendees affectionately began referring to Janet Peacock as the "real command chief."

"Everyone needs a strong family support system at home," said Janet Peacock. "Without the support of our families it can be difficult for our Airmen to accomplish the mission. The wing Family Day is a wonderful opportunity to show our families how much they are appreciated."



Master Sgt. Cynthia Anderson, 94th Aeromediical Staging Squadron laboratory technician, lands a frisbee through the hoop during the fire muster competition. Her four member team from 94th ASTS took home the first place trophy (U.S. Air Force photo/Don Peek)



(Top) Col. Tim Tarchick, 94th Airlift Wing commander, presents Lauren M. Oswald, wing security specialist and wife of Staff Sgt. Charles Oswald, 94th Security Forces specialist, with a Certificate of Congratulations for being the 94th AW 2013 Spouse of the Year awardee. (Below) Wing members participate in the fire muster competition. (U.S. Air Force photos/Don Peek)





September @





Members engage as Brande Newsome, 94th Airlift Wing sexual assault response coordinator, takes questions during a Sexual Assault and Prevention stand down Aug. 4. (U.S. Air Force photo/Don Peek)

Taking a stand

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

Members of the 94th Airlift Wing attended annual Sexual Assault Awareness training, known as the Sexual Assault Prevention and Response (SAPR) stand-down, during a mandatory commander's call and individual unit training Aug. 4.

This SAPR stand-down followed direction from the secretary of defense to conduct the training for personnel before Aug. 31.

During the stand-down, the 94th Airlift Wing focused on definitions of sexual assault, reporting options, the changing culture of the Air Force and the newly created special victims' councils. The special victims' council provides lawyers with specialized training to advise sexual assault victims and guide them through the criminal justice system.

"The military has recognized that we have an issue with sexual assault and we are taking additional steps to empower our entire force to collectively work to stop this problem before it progresses," said Brande Newsome, 94th AW sexual assault response coordinator. "The focus for the 94th AW will be on leadership taking on the issue of sexual assault prevention and response by leading the Stand-down Day initiative from the top."

The stand-down kicked off with a wing commander's call, during which Col. Timothy Tarchick, 94th AW commander, spoke to the masses about his perspective and expectations in reference to this issue.

"This is about creating a climate of respect and zero tolerance for those who don't follow the rules," said Tarchick. "Today isn't about something that may happen. It's about something that we as a military and Air Force are currently experiencing, and we need everyone to help prevent this crime before it happens to another fellow Airman or dependent or Department of Defense civilian."

Wing personnel then transitioned back to their squadrons to hear from their respective commanders on their approach to eliminating this problem.

Lt. Col. Mark Cumbee, 700th Airlift Squadron commander, spoke to pilots, navigators, flight engineers, loadmasters, and squadron support staff, taking a candid approach to stress his zero-tolerance policy.

"The bottom line is that we need to treat each other with respect," said Cumbee. "There's probably one percent of society that are deviants. We don't want them in the Air Force. We need to identify them, isolate them, and get rid of them! If that's personal, then good. I want it to be personal. I will do whatever I can to get rid of this cancer."

Members also had an opportunity to be involved in discussion, role play and to reinforce bystander intervention skills as a way of enhancing response capability.

Chief Master Sgt. Wendell Peacock, 94th AW command chief, reflected on the success of the stand-down.

"Taking a day to reflect on our priorities and have candid discussions about sexual assault will reinforce honor and respect for all Airmen," said Peacock. "It is important that we took this pause from our busy schedules and ensured we are all crystal clear in our understanding that sexual assault is absolutely incompatible with our service to our country. I am confident we accomplished our goals today and walked away a stronger Air Force."



Dobbins prepares for new inspection model

By Lt. Col. James Wilson 94th Airlift Wing Public Affairs

Airmen at Dobbins Air Reserve Base will notice changes in the way the unit demonstrates its readiness to Air Mobility Command based on a new inspection system the Air Force implemented this summer.

The Air Force Inspection System, which was based on a model fashioned in Europe aims at empowering wing commanders to run their unit's inspection system. By doing this, each commander will be able to focus on improving mission effectiveness every day, balancing resources and risks without the wasteful peaks and valleys of preparing for inspections. The goal of the new system is to make inspections a nonevent, part of the daily battle rhythm of continuous improvement.

Wing commanders will now evaluate compliance and conduct their own inspections continuously with the help of experts, then report to the major command inspector general. There will be a "capstone" visit every two years. Part of the inspection will be virtual, with commanders using a database called the management internal control tool set to keep track of compliance.

The objective is to enable commanders to focus on mission readiness, not inspection readiness," said Col. Robert Hyde, the Air Force Director of Inspections

Under the legacy system, major commands would send their inspector general along with dozens of function inspection teams to assess unit readiness and compliance levels.

"The legacy system of 100 (plus) inspections, no matter how well organized or consolidated, still resulted in several unhealthy outcomes," Hyde said. "The worst of which is wasted effort to prepare for inspections at the expense of mission readiness."

Now, there is a process in place that allows the MAJCOM commander to say to the wing commander, "You inspect your unit and tell me how ready, compliant and sure your unit is," Hyde said. "Help me see the big problems, how you are fixing them and where you need my help. Over the two-year (Unit Effectiveness Inspection) cycle, I'll have my IG verifying how your wing is doing. My IG will inspect your own inspection program, validate and verify your reports, and help you see how to become more effective."

Locally, officials are meeting regularly to

discuss steps needed to adapt to this new culture.

"This is a substantial change from how we have demonstrated our readiness," said Col. Tim Tarchick, 94th Airlift Wing commander. "Although we don't have the resources now to implement all aspects of the program, we are making adjustments based on the new criteria wherever possible."

What does this mean for Airmen assigned to Dobbins?

Members can expect a Readiness Assistance Visit Nov. 18-21 for approximately 300 members of the wing. Positions tasked for the RAV1 are ones the 94th expects higher headquarters to task during the October 2014 Operational Readiness Inspection.

The Management Internal Control Toolset program, a key component in the new inspection system, will be reviewed for compliance issues during the November exercise.

Other "graded" events will be added to the calendar based on scheduled deployments and home station operations leading up to the inspection in 2014.

(Air Force News Service contributed to this article)

TOUCH & GO's

Falcon 5-k Dec. 8

Wright-Patterson Air Force Base has the Air Force Marathon, held annually in September. Now, Dobbins has the Falcon 5-k, scheduled for Dec. 8 at 9 a.m.

"The goal of this it to promote physical fitness, fun, camaraderie and espirit de corps," said Senior Master Sgt. Florencio "Larry" Lopez, 22nd Air Force additional duty first sergeant, and the Dobbins Top 3. "Everyone's job on this base is to support what's on the runway. That day it will be, not just aircraft, but all of us."

This race is slated to be held on the Dobbins ARB flightline, beginning at Base Operations, going west on the runway, then following the taxiway back east, according to Lopez. There will be at least three water stops, manned by the First Four, Dobbins' junior enlisted group.

New TA process

CES

Air Force Reserve Command will implement a new tuition assistance payment process Oct. 1 that will eliminate up-front fees reservists pay for classes by enabling tuition payments to go directly to a university or college.

"This new TA process will be a huge relief for our members," said Col. Heather Connahey, chief of the AFRC personnel division.

Reservists currently have to wait up to 120 days after submitting their grades to be reimbursed for classes. Under the new process, they will still apply for tuition assistance through the Air Force Virtual Education Center. Further information on the tuition assistance program can be uptained by calling the 94th AW Education Office at 678-655-4000.

Cherie Welter

Master Sergeant Chanika Johnson

Technical Sergeant Tamara Franklin

Joshua Krepps

Charles Johnson

Quiana Johnson

Roberto Pagan **Staff Sergeant**

Donald Brower

Krista Jackson

George Moss

ASTS

ASTS

ASTS

CES

FSS AW

SFS

ASTS

CES

AMXS

Free Couples Dinner

Spring of Life Couples' Ministries in partnership with the wing Chaplain's Office presents "I Won't Give Up On Us," a free romantic dinner for married, engaged or dating couples, Saturday, Sept. 28, 5:00 p.m. at Brawner Hall, 3182 Atlanta Rd., Smyrna, Ga. Sorry, no childcare provided.

Register at www.keepyourvowsrevolution.org by Sept. 13.

Free Womens' Luncheon

Stonecrest Ministries presents a free luncheon for military women (active duty, national guard, reservist, veterans and spouses) at the Mansour Center, 995 Roswell St., NE, Marietta, Ga. Sept. 14 at 11:15 a.m. RSVP at 770-924-7113 or rmrohrssen@bellsouth.net

That I out, Boooms Jumor er
Newcomers The following Airmen were welcomed to the 94th Airlift Wing in August:
Captain Rebekah Obrien AES
Senior Master Sergeant Jeffrey Sickler AW
Technical Sergeant Matthew Bounds LRS Stephen Hagens MXS Angela McCluhan ASTS Caribe Polk AW Matthew Thornton AS
Staff Sergeant Abbey Brown ASTS Christina Cantu AES Brendon Glanzer MXS Phillip Weatherford SFS Demetra White AES Oliver Sameike SFS
Senior Airman Craig Clifton SFS

Scott Weiss	APS
Kendra Witherspoon	APS
1	
Airman First Class	
Christopher Bishop	FSS
Kyle Campbell	CES
David Flynn A	ASTS
Alecia Hudson A	ASTS
Eric Jackson	APS
Gale McCall	APS
Requell Moreland	AW
Lamont Nock	APS
Michael Parks	AS
Jacob Sullivan	CES
Airman	
Devinare Batts	SFS
Airman Basic	4 D.C.
Andrew Accoo	APS
Tamara Ash	LRS
Sean Cuff	SFS
Eric Goggins	APS
Samuel Ndungu	AS
	ASTS
Angelo Taylor	FSS
Robert Tucker	SFS
Marquez Ward	APS
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Promotions	******
The following were p	romot-

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		George Moss	CLD
Airman			
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		Kaneesha Branch	ASTS
Airman Basic		Brandon Davis	AMXS
Andrew Accoo	APS	John Edwards	MXS
Tamara Ash	LRS	David Flynn	ASTS
Sean Cuff	SFS	James Golden	AMXS
Eric Goggins	APS	Constance Hall	FSS
Samuel Ndungu	AS	Andrew Hicks	CES
Gabriel Rodriguez	ASTS	Sean Lynch	ASTS
Angelo Taylor	FSS	Claire Hiba	ASTS
Robert Tucker	SFS	Breena Rickmon	AES
Marquez Ward	APS	Austin Turner	AMXS
Promotions Airman First Class		SS	
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ed in August:	promoi-	Sabrina Leo	ASTS
eu in Augusi.		Gabriel Rodriguez	
Lieutenant Colone	el		
Giuseppe Deabate	ASTS	Airman	
Terence Green	OSS	Samuel Ndungo	700 AS
Chan Martin	AW	Victoria Rowland	ASTS
James Martin	ASTS	Shawn Tillman	ASTS



Deshawn McBride

Dorsey Hilliard III

Denrich, Lumpkin AMXS

Marcus Johnson **Brandon King**

Robert Purcell

Myron Saunders

Darryl England

Brittany Ford

Erin Lee

Steven Eller

SFS

CES

APS

FSS

APS

SFS

AW

SFS

MXS

ASTS

CHAPLAIN'S CORNER

Choosing to forgive

By Chaplain (Maj.) Olga Westfall 94th Airlift Wing Chaplain Office



We live in a broken world. Many have been hurt by the actions or words of another. Let's admit, we in turn hurt others, intentionally or unintentionally.

These wounds created by hurtful actions or words of others can leave us with lasting feelings of bitterness, anger, and/or even vengeance; but if you don't practice forgiveness, you might be the one who pays most dearly.

Hurtful words and actions often lead to feelings of betrayal, alienation, pain and separation. By embracing forgiveness, we can also embrace peace, joy, hope and gratitude. Forgiveness can lead you down the path of physical, emotional and spiritual well-being.

The Oxford English Dictionary defines forgiveness as 'to grant free pardon and to give up all claim on account of an offence or debt'. In a nut shell it is a decision to let go of resentment, hurt and thoughts of revenge.

Once when I facilitated a discussion group among veterans, a woman asked me, "Chaplain, what can I do to forgive myself."

Sometimes as we seek forgiveness from others we might have a hard time forgiving ourselves. If we can't forgive ourselves, we truly can't forgive others. Forgiveness is not just a word; it is a process that often it takes time and effort to get through. However, the destination is worth it. It is a commitment to a process of change.

No matter how painful the wound is, with God's help, and time, it can heal, as long as we are dedicated to the process of forgiveness.

* Chapel services are held each UTA Sunday at 7:15 a.m. at building 838, Heritage Hall and 8 a.m. at the 80th APS classroom. For pastoral counseling during UTA weekends, call 678-655-4956.





Star Car

Senior Master Sgt. Ronald E. Durant, 14th AF transportation supervisor, inspects the base commander's staff car, Sept. 1980. With 100,000 miles on the odometer and still going strong, the car, assigned to Brig. Gen. James E. McAdoo, 14th Air Force commander, has been held on Dobbins Air Force Base, Ga. for nine years. The 1970 vehicle is the responsibility of The 94th Combat Support Group's Vehicle Maintenance and Operations Branch. The unit reports a maintenance cost of only seven cents per mile for the vehicle. It has required only a few repairs, and it averages 16.4 miles per gallon of gasoline, according to Durant, who expects many more miles to be added to the odometer - perhaps another 100,000! (U.S. Air Force photo/Tech. Sgt. Rick Ross, published Sept. 1980) (Contributed by Tech Sgt. Jason Paseur, 94th Airlift Wing Historian Office)





Airman 1st Class Marvelly Fuentes

Unit: 94th Operations Support Squadron

Dobbins Air Reserve Base observes Hispanic Heritage Month. Each year, Sept. 15 to Oct 15, we celebrate the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

Tell us about your ethnicity.

My parents are both Guatemalan. My grandmother is Spanish, so I guess I'm half of each.

What is your favorite thing about your heritage? My favorite thing about my heritage is that we are very family oriented. I don't know if you've ever been around a Spanish family, but we are loud and there are always a lot of us. I love how everything is about family. Also, the food is amazing. Everyone can cook!

What would you like people to know about your heritage?

When my family and I were visiting Guatemala one time, there was a big festival, and the women dressed up in long colorful skirts. The men wore pants and shirts the same colors as the women. This happens every year.

What tradition from your childhood do you still participate in today?

We celebrate Christmas, but differently than traditionally in America. We stay up all night on Christmas Eve, and the whole family has dinner. We celebrate together, and at midnight we go around kissing everyone on the cheek saying we're thankful for the birth of Jesus Christ. We then sleep all Christmas day, because we stayed up celebrating the night before. We also spend the days leading up to Christmas Eve preparing tamales for the celebration. We have to prepare a lot because we have a lot of family. It's like an assembly line of family members in the kitchen.

What would you pass down to future generations? If I have children, I will definitely pass down our Christmas traditions. I also want them to be bilingual. My first language was Spanish. I would want them to be able to talk to my parents. And I would teach them the importance of family. My dad always says, "You can lose friends, but family is forever."

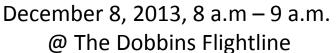
If you would like to nominate someone for the INNERview, please e-mail the editor at 94aw.pa@us.af.mil or call Public Affairs at (678) 655-5055.

DOBBINS AIR RESERVE BASE

First Annual

FALCON 5K Run/Walk







MUST BE A DOBBINS ARB MEMBER TO PARTICIPATE

REGISTRATION FEE: \$20, CASH ONLY!

TURN-IN FORM AND FEE TO YOUR UNIT FITNESS PROGRAM MONITOR

Kank:	Last, First Name:	_Unit
Home Phone:	Cell Phone:	
	l:	
Civilian Email	:	
	cember 1, 2013: Gender: [] M [] F	
T-Shirt Size: [] MEDIUM [] LARGE [] XL	
Registration f [] Falcon 5K -or-	or: Run/Walk (Awards given to top two finishers)	
participant. In	"Team Run" (5k event consisting of 3-member teams of dividuals will complete a muscular fitness event at a state as a baton to the next team member until the 5K run is considered.	tion, then run to the next
Team Membe	rs:	
In consideration executors, admi Reserve and Dol representatives a	read before signing. of my being accepted to participate in this event, I do house a common of my being accepted to participate in this event, I do house and assign all rights and claims for damage I might be about a claim of the second and a claim of the second and assigns for any and all I suffered by me while participating by assume the risks of participating in this event. I further cert on tents.	ht have against the U.S. Air Force I with the race and their agents or in the Falcon 5K Run on December
	further information contact: SMSgt Larry Lopez: 6' Sgt Joy Hughes: 678-655-5604 • MSgt Rich Graddy:	
	COME BE A PART OF DOBBINS HIST	TORY!
FALCON 5	K HAND RECIEPT	

REGISTRATION FEE PAID FOR: _____ DATE: ____

RECEIVED BY: